

“Mama Bear Apologetics”

Chapter 12

XIII. Chapter 12 - I'm Not Religious; I'm Spiritual!

New Spirituality: Must understand New Age Mysticism (NAM) which has its roots in ancient occult practices

- A. RECOGNIZE the Message: NAM has elements of “Eastern religious ideas, psychology, modern philosophy, pseudoscience, and Christianity.” (pg 201)
1. Lie #1: God is all, and All Are One: Believes God is an energy.
 2. Lie #2: Congratulations, You Are God: You are enough.
 3. Lie #3: It's All Relative (“...you can create your own reality.”) (pg 205)
 4. Lie #4: Meditation Is the Answer to All Our Problems: Transcendental Meditation (TM): Connect with what's already inside you. It disengages your logic/thinking.
- B. OFFER Discernment:
1. Pantheism is worshiping the created NOT the Creator.
 - a. God created all things.
 - b. God is a person.
 2. Divinity of All Mankind
 - a. “. . .for all have sinned and fall short of the glory of God. . .” Romans 3:23
 - b. “The heart is deceitful above all things, And desperately wicked; who can know it? Jeremiah 17:9
 - c. “And you He made alive, who were dead in trespasses and sins,” Ephesians 2:1
 3. Relativism: “My truth” is a myth of contradictions.
 - a. “Jesus said to him, ‘I am the way, the truth, and the life. No one comes to the Father except through Me.’” John 14:6
 - b. “Everyone who is of the truth hears My voice.” John 18:37
 4. Meditation
 - a. “I will meditate on Your precepts, and contemplate Your ways” Psalm 119:15
 - b. “My eyes are awake through the night watches, that I may meditate on Your word.” Psalm 119:148

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Chapter 12, continued

- C. ARGUE for a Healthier Approach: New Spirituality says “You are enough”. Scripture is clear: “Apart from Christ, there is nothing that can save us, redeem us, cleanse us, or make us worthy.” (pg 210)

- D. REINFORCE Through Discussion, Discipleship, and Prayer: Strategy of the enemy is to normalize and desensitize through cartoons, TV, movies, games, social media, billboards etc. (pg 211) Teach children discernment and be aware of buzzwords/statements.
 - 1. “Follow your Heart”
 - 2. “Live Your Truth”
 - 3. “You are Enough”
 - 4. “The Answers You Seek are Inside You”